

PRE-SCHOOL CHECKLIST

Following are some of the symptoms that may indicate a need for an evaluation by an occupational therapist who can assess the development of foundational skills needed to support academic and personal success in typical childhood activities.

- Difficulty with stairs
- Dislikes puzzles, building with blocks
- Does not enjoy small manipulative toys
- Dislikes coloring, drawing, cutting
- Messy eating habits, difficulty using utensils
- Appears awkward in movement (fine and gross motor)
- Difficulty learning new motor tasks
- Difficulty sitting still for an activity, fidgety, moves constantly
- Hesitant on play structures
- Falls frequently
- Difficulty remaining in busy or group situations
- Complains that clothing is uncomfortable
- Avoids putting hands in messy substances
- Picky eater
- Distracted by sounds, hears sounds others don't notice
- Overly sensitive to mildly loud noises
- Hard to understand when speaking
- Has trouble following 1-2 step commands
- Delayed speech development
- Does not accept changes in routine easily
- Easily frustrated
- Impulsive, accident-prone
- Frequent outbursts or meltdowns
- Prefers playing alone, has difficulty making friends
- Difficulty using both hands together, crossing midline
- Visually distracted by environment, making it difficult to stay on task
- Difficulty with throwing and catching a ball
- Delayed in pre-writing development
- Difficulty with dressing, fastenings
- Does not like hair washed, nails cut, going to the dentist
- Seems weaker or tires more easily than peers, leans on others or furniture
- Seems unaware if cut
- Seeks physical activity (e.g. roughhousing and crashing), touches everything
- Late in achieving bowel and bladder control
- Short attention span
- Falls out of chair